

Are you at high-risk of complications from COVID-19?

LIVING WELL
Beyond COVID-19
BY RESPIPLUS™

Please check **YES** or **NO** for each of the following questions to find out if you are at risk of complications should you get COVID-19

1. Are you 60 years of age and older? YES NO

2. Do you have a weakened immune system?
For example, you have had an organ transplant, you are taking active treatments for cancer, or taking medications that suppress your immune system such as those used for rheumatoid arthritis (disease causing joint inflammation), lupus, psoriasis, multiple sclerosis (autoimmune disease affecting the nerves), Crohn's and colitis (inflammatory bowel diseases).

YES NO

3. Do you have a chronic medical condition like the ones listed below?
Asthma (moderate to severe), COPD (chronic obstructive pulmonary disease, emphysema or chronic bronchitis), dementia, diabetes, heart disease, high blood pressure, kidney disease, liver disease, lung disease, stroke, and/or any neurological condition.

YES NO

4. Are you pregnant? YES NO

5. Do you live with obesity? YES NO

6. Is your first series of COVID-19 vaccines incomplete? YES NO

7. Have you missed your COVID-19 vaccine booster in the past 6-months? YES NO

If you have answered **YES** to any of the questions above, follow the steps on the back side of this form. You could benefit from a prescribed treatment if you get infected with COVID-19. Please check with your doctor or pharmacist to confirm if you are a candidate.

When should you see your doctor or pharmacist?

LIVING WELL
Beyond COVID-19
BY RESPIPLUS™

If you experience any of the following symptoms, you must act fast	Actions
<ul style="list-style-type: none">• sore throat (maybe more common with newer variants),• runny nose, sneezing,• new or worsening cough,• shortness of breath or difficulty breathing,• temperature equal to or more than 38°C (100.4°F), feeling feverish, chills,• fatigue or weakness, muscle or body aches,• new loss of smell or taste, (maybe less common with newer variants),• headache,• stomach pain, diarrhea and vomiting.	<ul style="list-style-type: none">• Take a rapid antigen test right away to confirm if you have COVID-19.• If you test positive, contact your doctor or pharmacist immediately for them to assess if you need to start treatment as soon as possible. Treatment must be started within 5 days of symptom onset.• Discuss with your doctor or pharmacist if any adjustments to your regular medications are required.

****Please bring the following information with you when seeing your doctor or pharmacist before starting treatment:**

- A list any prescribed medications and over the counter medications, vitamins and supplements you are currently taking, as some of them can have contraindications with COVID-19 treatments.
- Any recent blood test results you have. Your doctor/pharmacist will need to assess important elements such as your kidney function.
- A list of any COVID-19 vaccines you have had and when.